

Educational Philosophy

The Toronto Institute for Contemporary Psychoanalysis (TICP) endeavours to strike a balance between professional training and scholarly education. The curriculum promotes these dual goals through seminars integrating theory and practice. The aim is to develop the ability to think critically about several major points of view in psychoanalysis (drive-structure, relational-structure, and self psychology) and to formulate clinical material from a variety of viewpoints. In order to accomplish this, the curriculum reflects a comparative-integrative perspective which compares and contrasts theoretical positions, maintaining a focus on the historical context in which the theory developed, the scientific-philosophical assumptions inherent in it and, where relevant, the personality of the theorist.

History

In the early 1990's a group of clinicians and academicians sharing a passionate interest in psychoanalysis assembled in Toronto to discuss what might be done to contribute to the development of psychoanalysis in Ontario. That forum led to the creation of a Psychoanalytic Section within the *Ontario Psychological Association* in 1985. Monthly scientific meetings were held, with stimulating presentations by senior analysts with international reputations (e.g., Dr. Morris Eagle, Dr. Paul Lerner, Professor Otto Weininger), by other academics deeply involved in the field (e.g., Professor Phyllis Grosskurth, Professor Paul Roazen), and by graduate students conducting dissertation research on psychoanalytic topics. Long-term study groups were created. One undertook a detailed examination of Freud's writings. Another studied object relations theory. A third explored the contributions of Lacan. A series of full-day Workshops was initiated, open to anyone interested in the field. Major psychoanalytic figures were brought to Toronto, attracting large audiences from all over the province. These workshops, study groups and scientific meetings did much to stimulate psychoanalytic thinking and interest with the city and beyond.

As this association grew, the founding members decided it would be beneficial to expand our affiliation with a body to which many already belong – the Division of Psychoanalysis (Division 39) of the *American Psychological Association*. The Division was regarded as one of the largest, most exciting creative psychoanalytic organizations in the world. In the relatively short time it had been in existence, it had made an enormous contribution to revitalizing psychoanalysis in North America and opened training opportunities for some previously excluded professional groups. In 1991 the *Ontario Society for Contemporary Psychoanalysis* became the first Canadian Chapter of the Division of Psychoanalysis.

The workshop Series, cosponsored by the Psychoanalytic Section and the *Ontario Society for Contemporary Psychoanalysis*, exposed our community to such prominent figures as Drs. Sidney Blatt, Irene Fast, Stephen Mitchell, and James Fosshage. Sensing the enthusiasm, commitment and energy of our group, these individuals were also notable for their wholehearted encouragement of our developing an Institute to provide greater opportunities for analytic training.

Labour leading to the formation of the Institute began in earnest in 1989. Support, advice, and encouragement were provided by the Division of Psychoanalysis. Several individuals who had made major contributions to analytic education, research, and scholarship generously agreed to serve on our international Advisory Board.

From the beginning the professional community manifested strong interest in the innovative program of studies offered by the *Toronto Institute for Contemporary Psychoanalysis*. The first class of candidates was admitted in September of 1992. At the same time, the Institute joined the International Federation for Psychoanalytic Education. A new group of students has been admitted every two years since. Candidates come from Toronto, other cities in Ontario, such as London, Kingston and Ottawa, and the United States (e.g., Buffalo, Rochester). Some of our candidates have relocated to Toronto from much further away (e.g., Europe, the Middle East) in order to participate in the training program.

Development of our multidisciplinary association has proceeded rapidly. In 1996, the *Toronto Society for Contemporary Psychoanalysis* was established. Its mandate was to develop monthly scientific meetings to encourage scholarship, scientific productivity, continuing education, and professional affiliation. Attendance at Scientific Meetings and participation in Study Groups is open to faculty, graduates, candidates, members of the Advisory Board, and individuals who have been approved as Guests of the Society.

We are increasingly collaborating with other institutes outside Canada that share an interest in comparative psychoanalysis. The Massachusetts Institute for Psychoanalysis (MIP) in Boston is an example of a group with an approach similar to ours with which we have developed a close working relationship. In 2002 many of our candidates and faculty went to Boston to participate in MIP seminars and attend their Annual Symposium. In 2003 candidates and faculty from MIP came to Toronto to participate in the weekend conference we cosponsored with the *International Association for Relational Psychoanalysis and Psychotherapy*.

In 1999 three prominent institutions in the New York City area (the psychoanalytic societies of New York University's Postdoctoral Program in Psychoanalysis and Psychotherapy, the William Alanson White Psychoanalytic Institute, and Adelphi University's Postdoctoral Program in Psychoanalysis and Psychotherapy), having learned of our innovative activities, proposed joining us to co-sponsor an international conference in the Toronto area. This exciting venture, focussing on what is *taboo in psychoanalysis* (thoughts and actions) took place at a resort in Niagara-on-the-Lake in July 2000. It was a resounding success. International Universities Press is publishing a book including many of the papers. Dr. Brent Willock (TICP) is editor-in-chief; Prof. Rebecca Curtis (Adelphi) and Dr. Lori Bohm (William Alanson White) are co-editors.

The synergy between these four psychoanalytic societies was such that we now assemble for symposia on a regular basis. Our second Joint International Conference was held in July 2002 at Trinity College, Dublin, co-sponsored with the Irish Psychoanalytic Forum. The topic was *Death and Endings: Finality, Transformations, New Beginnings*. Once again the high level of scholarship resulted in a book, published by Routledge (London, 2007). We think of this publishing venture as our Joint International Conference Book Series. Our 2005 conference took place in Cape Town, South Africa. The theme was *Power and Its Discontents*. This symposium will lead to a book on the theme of psychoanalytic psychology in South Africa. In 2008 the Joint International Conference returns to Canada, this time in Vancouver, where the focus will be on the important topic of *Loneliness and Yearnings*.

In 2005 we began publishing The Bulletin of the Toronto Society for Contemporary Psychoanalysis. Edited by Dr. Scott Bishop, this publication can be accessed for on-line reading or can be downloaded from our website (www.ticp.on.ca).

In 1999 we were invited to become founding members of the *Association of Autonomous Psychoanalytic Institutes*. Since then the AAPI has grown rapidly. It now has member institutes throughout the United States (e.g., New York, Los Angeles, Ann Arbor, Kansas City, Minneapolis, Washington DC) and in Europe (e.g., Rome, Vienna).

Our Founding Mentor, Dr. Stephen Mitchell, died unexpectedly in December of 2000. His passing was a great shock and loss. To honour his memory, we established an Annual Stephen Mitchell Memorial Lecture, which takes place in the fall of each year. The first such lecture was given by his close friend, Dr. Lewis Aron, in 2002. Stephen was to have been first President of the International Association for Relational Psychoanalysis and Psychotherapy, and Dr. Aron accepted that responsibility, with IARPP's first conference held in memory of Stephen in New York City, in January 2000. Dr. Hazel Ipp, our Vice-President and a close colleague of Stephen's, has served on IARPP's Board of Directors for many years and is currently its President.

In June 2004 our increasing international contacts culminated in our co-sponsoring an exciting symposium in Sicily with the Istituto di Specializzazione in Psicologia Psicoanalitica del Sé e Psicoanalisi Relazione [Rome and Milan], the Massachusetts Institute for Psychoanalysis, the Contemporary Institute for Psychoanalysis [Los Angeles], and the Institute for the Psychoanalytic Study of Subjectivity [New York]. The theme was *Dionisus' Ear: Trauma, Tragedy and Psychoanalytic Listening*. The symposium was distinctive not only because it took place in the beautiful, historic, seaside town of Siracusa, but also due to its organization around our shared experience of two powerful, classical Greek tragedies, Euripides' *Medea* and Sophocles' *Oedipus Rex* which were performed in the ancient outdoor amphitheatre during the week we were in Siracusa. TICP's Vice President, Dr. Hazel Ipp served on the organizing committee and discussed a paper while TICP faculty members Drs. Judith Levene, Gail White, Alan Kindler, Gary Taerk, Bruce Herzog, and Brent Willock were active presenters, discussants, and panel chairs.

Looking back we are pleased with how much has been accomplished in a relatively short chronological span. The time was obviously ripe for some exciting new developments on the Canadian psychoanalytic scene, and we are happy to have been able to contribute to that evolution. Prodigious efforts by many, encouraged by generous support, have borne wonderful fruit. The Toronto Institute and Society for Contemporary Psychoanalysis are now securely established as major contributors to psychoanalysis in Canada and, increasingly, on the international level as a growing number of our faculty and graduates present their work at international conferences, and publish innovative ideas in leading journals and books. From this auspicious base, the future of the Institute and Society promises to be at least as exciting as have been the years leading up to this moment.





Toronto Institute for Contemporary Psychoanalysis

INSTITUTE OFFICE

Suzanne Pearen, B.A. Hon., C.HRM.
TICP Administrative Coordinator

17 Saddletree Trail
Brampton, ON. L6X 4M5

Email: suzanne_pearen@rogers.com

SOCIETY

Neomi Offman, B.A.
TSCP Administrative Coordinator
TICP Accounts

59 Jonathan Gate, Thornhill, ON. L4J 5J8

Tel: 905-771-0328 / Cell: 416-688-7572

Email: neomio@rogers.com

Please visit our Web Site at www.ticp.on.ca

Toronto Institute for Contemporary Psychoanalysis

EXECUTIVE COMMITTEE

Brent Willock, Ph.D., C.Psych.	President
Hazel Ipp, Ph.D., C.Psych.	Vice-President, and Chair, Admissions Committee
Nira Kolers, Ph.D., C.Psych.	Secretary
Judi Kobrick, Ph.D., C.Psych.	Chair, Candidate Progress Committee
Ann Baranowski, Ph.D., C.Psych.	Chair, Curriculum Development Committee
Sam Izenberg, M.D., F.R.C.P.(C)	Chair, Ethics Committee (TSCP)
Gary Rodin, M.D., F.R.C.P.(C)	Chair, Scientific Program (TSCP), and Coordinator, Scientific Papers
Sarah Turnbull, Ph.D., C.Psych.	Chair, Society Development (TSCP)
Scott Bishop, Ph.D., C.Psych.	Treasurer Co-Chair, Scientific Program
Gary Taerk, M.D., F.R.C.P.(C)	Coordinator, Fellowship Program

Class Representatives, 2009-2010

Year IV, Hilary Offman, M.D.	Year II, Beth Goldstein & Victoria Pollock
------------------------------	--

FACULTY

Taras Babiak, M.D.
Clarissa Barton, M.B.
Graham Berman, M.D.
Rukhsana Bukhari, M.D.
Donald Carveth, Ph.D.
Art Caspary, Ph.D.
David Dorenbaum, M.D.
Michelle Flax, Ph.D.
Douglas Frayn, M.D.
Ian Graham, M.D.
Janice Halpern, M.D.
Ed Hanna, Ph.D.
Sheldon Heath, M.D.
Bruce Herzog, M.D.
Marsha Hewitt, Ph.D.
Hazel Ipp, Ph.D.
Sam Izenberg, M.D.
Alan Kindler, MBBS
Judi Kobrick, Ph.D.

Judith Levene, Ph.D.
Joshua Levy, Ph.D.
Ellen Lewinberg, MSW
Rafael Lopez-Corvo, M.D.
Karl Loszak, M.D.
Elliott Markson, M.D.
Frances Newman, Ph.D.
Sandra Palef, Ph.D.
Felisa Rochwerger, M.D.
Gary Rodin, M.D.
Ron Ruskin, M.D.
Gary Taerk, M.D.
Alex Tarnopolsky, M.D.
Graeme Taylor, M.D.
Daniel Traub-Werner, M.D.
J. Gail White, Ph.D.
Brent Willock, Ph.D.
Jean-Victor Wittenberg, M.D.
Gordon Yanchyshyn, M.D.

ADVISORY BOARD

Lewis Aron, Ph.D., New York
Howard Bacal, M.D., California
Sidney Blatt, Ph.D., Connecticut
Morris Eagle, Ph.D., New York
Irene Fast, Ph.D., Michigan
Ahmed Fayek, Ph.D., Toronto
James Fosshage, Ph.D., New York
Peter Fonagy, Ph.D., London
Gerry Gargiulo, Ph.D., New York
Jay Greenberg, Ph.D., New York

James Grotstein, M.D., California
Irwin Hoffman, Ph.D., Illinois
Adam Phillips, MA, England
Barbara Pizer, Ed.D, Massachusetts
Stuart Pizer, Ph.D., Massachusetts
David Scharff, M.D, Washington DC
Charles Spezzano, Ph.D., California

Founding Mentor:

Steven Mitchell, Ph.D.

General Information

Enquiries should be addressed to:

Suzanne Pearen, Administrative Coordinator, TICP
17 Saddletree Trail, Brampton, ON. L6X 4M5
Email: suzanne_pearen@rogers.com

Application Procedure:

Application forms may be obtained from the Administrative Coordinator and need to be received in the Office by no later than May 1st of the admission year.

Prerequisites:

Applications are welcomed from the broad field of mental health professionals. Minimum requirements for applications to the comprehensive Clinical stream include a *doctoral degree* in psychology or social work, or completion of resident training in psychiatry. Applicants should be experienced in clinical work with patients who manifest a broad range of psychological disorders.

The TICP also offers an Academic stream to those applicants who do not wish to pursue any clinical work. This option might, for example, be of interest to a university professor who utilizes psychoanalytic thinking in his /her discipline and wishes to become more thoroughly immersed in the psychoanalytic field in order to deepen understanding and/or further research.

The TICP reserves the right to admit exceptional candidates who do not meet some of the formal requirements outlined.

It is expected that all candidates will have resolved their own psychological issues. As such, all candidates, whether studying in the Academic or the comprehensive Clinical stream, are required to be in a therapeutic analysis at a minimum three sessions weekly. The analysis must be in place prior to commencement of the training program, and continue for at least two full years for academic stream candidates or, for clinical candidates, for a major portion of the required clinical case work.

Evaluation of Applicants:

The Admissions Committee will consider the applicant's educational background, clinical experience*, letters of reference, and at least two interviews with individuals designated by the TICP. The Admissions Committee will submit its recommendations to the Executive Committee for final ratification. Applicants who are deferred or declined admission may re-apply at a later date for admission in a subsequent year.

* For those applying to the comprehensive Clinical Stream.

Fees:

The tuition fee will be approximately \$3,500 per year. While every attempt is made to maintain fees at this level throughout the training, fees are subject to change. In this event, candidates will be notified in advance. Fees must be paid by the time of the first class each year, in full, or in two cheques post-dated September 15 and January 15. Candidates who have completed the academic component of the program, but are continuing with their clinical requirements, pay an annual administration/membership fee of \$350. Candidates must make private separate arrangements for the costs of their supervision.

For additional information, visit our web site, at www.ticp.on.ca

The Training

Classes are held on Monday evenings, from 7:00 – 10:00 p.m. Candidates will be notified about the location prior to the commencement of classes.

The academic structure of the Institute calendar is as follows: There are weekly seminars from September through June for a period of four years. Each year is divided into two terms. Each Monday involves three hours of seminar time over thirty weeks per year, for a total of 90 hours a year. In addition, three two-day Workshops are presented each year by leading international psychoanalytic scholars for a total of an additional 120 hours. Candidates may not be absent for more than two seminars per term. Should absence exceed this, credit will not be given until the instruction has been made up through special arrangements made with instructors and approved by the Candidate Progress Committee. An attendance record is kept by instructors and monitored by the CPC. In the event that a candidate must miss one of the three above-noted Workshops, the candidate is expected to (a) make up missed workshop in the fifth year of training at his/her own expense, or (b) write an academic paper related to the missed workshop. Either alternative needs to be arranged for and confirmed by the candidate with the Chair of the Candidate Progress Committee.

It is expected that all candidates will have resolved their own psychological issues to the point where their clinical work will not be compromised. If deemed ready, the candidate will be expected to begin a supervised psychoanalytic case at the end of the first year of classes. All candidates must have adequate professional liability insurance and have this approved by the Candidate Progress Committee. Supervision (face to face) at least once a week is required, with a supervisor approved by the Institute. Cost of supervision is arranged between candidate and supervisor, and is not part of the annual tuition fee. When the candidate has shown sufficient ability to conduct his/her first clinical case, he/she will be approved by the Candidate Progress Committee to begin a second and then a third case with different approved supervisors. Each case must be seen for treatment at least three times weekly. Three control cases are required, and must include both genders. A minimum of 160 supervisory hours /weeks is required, with at least 80 hours for the first case, and at least 40 each for cases two and three. Before any case can begin, the patient must be discussed with an approved by the selected supervisor.

All candidates must complete a scholarly/scientific paper on a topic of interest (theoretical, clinical, applied psychoanalysis, or any combination of these) to qualify for graduation. After the candidate has completed the seminars and supervised clinical training, the Candidate Progress Committee will consider reports from instructors, clinical supervisors and readers of the clinical reports, as well as the scholarly paper to ascertain whether the candidate is considered to have successfully fulfilled all the training requirements. Successful candidates are recommended to the Executive Committee. Upon graduation, a Diploma is awarded and the graduate analyst will be formally admitted to the Toronto Society for Contemporary Psychoanalysis.

Written Reports

Case reports are due twice a year for all cases in progress, as well as for any case which terminated prematurely. Two typewritten, double-spaced copies of the report must be submitted to the TICP Administrative Coordinator. Reports may not be submitted by Email. To maintain confidentiality, patients must be identified simply by initials only (no names) and no other identifying information should be contained in the report.

Reports are subsequently sent to readers assigned by the Candidate Progress Committee. One reader is assigned per case. The same reader will follow the case from the beginning of supervision to completion of the required number of supervisory hours and reports. The following areas need to be addressed in case reports: 1) Identifying Date; 2) Summary of History and Mental Status; 3) Course of Analysis; and 4) Formulation.

The Candidate Progress Committee reviews all case reports, supervisors' evaluations, and readers' reports, and teacher's evaluations.

Advisors

Members of the Candidate Progress Committee provide consultation and guidance to candidates throughout their training. This makes it possible for each candidate to have direct access to a member of the committee from start to finish of his/her training, to ensure consistency and continuity of communication between candidate and committee.

The committee member, or **advisor**:

- * Acts as reader on at least one of the candidate's cases,
- * Maintains an up-to-date record of the candidate's progress through the program,
- * Acts as advisor for the candidate in cases of dispute with other members of the TICP,
- * Provides liaison between candidate and the CPC with regard to satisfactory completion of requirements.

Unregulated Health Professionals

Candidates who are not members of a regulated health profession must be receiving ongoing supervision on their psychotherapy cases from a supervisor approved by the TICP Candidate Progress Committee through the training and until graduation. Supervision would usually be weekly but must be, at minimum, one hour per month.

CME Credits for Physician Candidates

Re: MOCOMP (Maintenance of Certification of Medical Practice) Credits

The Toronto Institute for Contemporary Psychoanalysis (TICP) training program qualifies for **Section 4** credits for CME (Continuing Medical Education). This means that **each hour** spent in class, **each hour** in supervision for your control case, and **each hour** at the Weekend Workshops is rated as **1 credit an hour**, with no maximum in the five-year period.

It is the responsibility of each physician to keep track of the credits he /she earns, and submit them to the Royal College of Physicians and Surgeons at the end of the year. At the completion of the training at TICP you are required to document the objectives of the traineeship, and the impact it has made on your practice.

The TICP must maintain attendance records, documentation that the components of the Program training are completed, and provide a certificate confirming completion of the Program.

Overview of the Curriculum

The first year provides an overview of several psychoanalytic perspectives (Freudian, Kleinian, British Object Relations, Self Psychology, Relational Psychoanalysis). Toward the end of the year, an evening will be devoted to looking at one case from multiple perspectives. There will be a number of sessions assigned to help prepare candidates to begin their first control case.

In the second, third and fourth years, various topics will be studied from multiple points of view. Much time will also be devoted to continuous case presentations. In the fourth year there will be considerable space for elective courses determined conjointly by the candidates and the Curriculum Committee.

Instructors are urged to: present their material as much as possible from a comparative-integrative perspective; assist candidates in developing the capacity to think critically about theory and clinical material; introduce clinical material to illustrate theory; develop candidates' capacity for clinical formulation and intervention.